

## HOW TO MAKE A FRESH START

Life Coach - Week 1 of 5

January 3/4 2009

“The Lord says, ‘Do not remember the former things, nor consider the things of old. Behold, I will do a new thing...’  
Isaiah 43:18-19

## HOW TO MAKE A FRESH S.T.A.R.T. IN 2009

**STOP** \_\_\_\_\_.

“A man who refuses to admit his mistakes can never be successful. But if he confesses and forsakes them, he gets another chance.”  
Proverbs 28:13 (LB)

**TAKE** \_\_\_\_\_.

“Were all those experiences wasted? I hope not!” Galatians 3:4

**ACT** \_\_\_\_\_.

“According to your faith will it be done to you.” Matthew 9:29

**REFOCUS** \_\_\_\_\_.

“Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is —his good, pleasing and perfect will.  
Romans 12:2

**TRUST** \_\_\_\_\_ **succeed.**

‘You will not succeed by your own strength or power, but by My Spirit,’ says the Lord.”  
Zechariah 4:6

“Therefore, if anyone is in Christ, he is a new creation; the old has gone, the new has come!”  
2 Corinthians 5:17